

WHAT IS CLAIMED IS:

1. A combination food and beverage plate for supporting food and beverage containers with a single hand of a person, comprising:

a first section, said first section having at least one recessed compartment for containing food items;

a second section, said second section having at least one beverage aperture for engaging beverage containers and at least one grip aperture for engaging a person's hand;

a plate rim, wherein said plate rim connects to the at least one recessed compartment and slopes upward from the recessed compartment to form a periphery of the first section; and

a support rim, wherein said support rim defines the at least one beverage aperture and the at least one grip aperture of the second section.

2. The combination food and beverage plate of claim 1, wherein the beverage aperture comprises a circular configuration, and wherein the beverage aperture further comprises a slot in a portion of the support rim defining the beverage aperture, said slot permitting insertion of variously sized and shaped beverage containers for engagement with the beverage aperture.

3. The combination food and beverage plate of claim 1, wherein the grip aperture comprises a semi-circular configuration, and wherein the grip aperture is defined by the support rim and an opening in a portion of the support rim, said opening configured with sufficient dimension to permit engagement of a person's hand in the grip aperture.

4. The combination food and beverage plate of claim 2, wherein the beverage aperture further comprises a tapered sleeve extending down from the support rim, said tapered sleeve configured to aid in receiving and holding a beverage container within the beverage aperture.

5. The combination food and beverage plate of claim 2, wherein the beverage aperture is not slotted.

6. The combination food and beverage plate of claim 1, wherein the second section is configured with a grip aperture on either side of the beverage aperture, such that the combination plate may be easily held in a person's left or right hand.

7. The combination food and beverage plate of claim 1, further comprising a reinforcing underside configured to reinforce the recessed food compartment, the beverage aperture and the grip aperture.

8. The combination food and beverage plate of claim 1, wherein the combination plate is comprised of a plastic material.

9. The combination food and beverage plate of claim 1, wherein the combination plate is comprised of a paper material.

10. A combination food and beverage plate for supporting food and beverage containers, comprising:

a first section having at least one recessed compartment;

a second section having at least one beverage aperture and at least one grip aperture;

a plate rim sloping upward from the recessed compartment and defining the periphery of the recessed compartment of the first section; and

a support rim, said support rim defining the beverage aperture and the grip aperture of the second section.

11. The combination food and beverage plate of claim 10, wherein the plate rim and the support rim are connected along a plane and together comprise a planar elliptical shape of the combination plate.

12. The combination food and beverage plate of claim 11, wherein the shape of the combination plate is planar multi-sided.

13. The combination food and beverage plate of claim 10, wherein the support rim defines a beverage aperture having a circular configuration and defines a grip aperture having a semi-circular configuration.

14. The combination food and beverage plate of claim 13, wherein the support rim further comprises a slot, such that the beverage aperture is slotted.

15. The combination food and beverage plate of claim 10, wherein the beverage aperture further comprises a tapered sleeve extending down from the support rim, said tapered sleeve configured to aid in receiving and holding a beverage container within the beverage aperture.

16. The combination food and beverage plate of claim 13, wherein the support rim further comprises at least one opening, together said opening and support rim defining the semi-circular configuration of the grip aperture, and
wherein said opening is configured with sufficient dimension to permit engagement of a person's hand in the grip aperture.

17. The combination food and beverage plate of claim 16, wherein the grip aperture is configured to receive and hold a stemmed beverage container.

18. The combination food and beverage plate of claim 10, wherein the second section is configured with a grip aperture on either side of the beverage aperture.

19. The combination food and beverage plate of claim 10, wherein the combination plate is comprised of a material suitable for reuse.

20. The combination food and beverage plate of claim 10, wherein the combination plate is comprised of a material suitable for single use.